



easywrap
UPPER LIMB®

INSTRUCTIONS FOR USE



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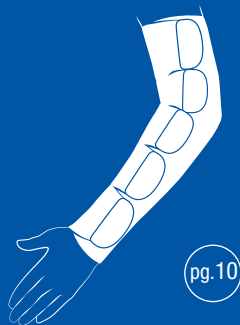
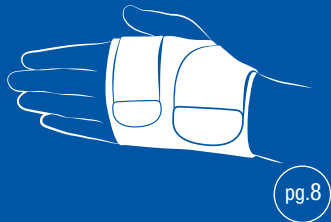
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HOW TO PUT ON YOUR
easywrap

GENERAL INFORMATION

Thank you for choosing **easywrap**. **easywrap** products are highly effective in the management of lymphatic diseases. **easywrap** allows for healthcare professionals to treat oedema in conjunction with or where compression bandaging and/or compression sleeves and/or gloves are not suitable. **easywrap** is a low profile, wrapping device which conforms to the limb to provide sustained compression therapy.

The **easywrap** range has been developed to provide high working and low resting pressures. However, unlike traditional inelastic garments **easywrap** will also continue to provide effective compression as your swelling reduces. This results in oedema reduction whilst maintaining patient comfort and minimising readjustments. When a suitable absorbent dressing is worn underneath **easywrap** products are suitable to wear over moderately exuding wounds.

easywrap can also be used as a second layer over compression sleeves (when assessed by a specialist) to prevent rebound oedema.

The therapeutic effect of **easywrap** requires correct fitting. Incorrectly fitting **easywrap** products may cause problems during wear. **easywrap** should only be used if prescribed or recommended by a healthcare professional. For maximum therapeutic effect **easywrap** should be worn from when you get up until you go to bed. Do not wear during bed rest, unless instructed to by your physician or specialist. Very rarely compression garments can cause allergic or allergic type reactions.

If acute limb pain or skin irritations should occur whilst the **easywrap** is being worn, please remove the garments and consult your doctor immediately.

CARING FOR YOUR GARMENT

DO



If possible wash your garments in a laundry bag

DO NOT



Use laundry additives such as fabric softener, optical brightener or stain remover.



Dry garments on a radiator or in a dryer

For more detailed information on caring for and storing your garment please see pg.17

Putting on an easywrap is as simple as 1, 2, 3



POSITION



STRETCH



FASTEN

1 Position the band to ensure correct placement on the limb

2 Gently stretch the band around the limb until you feel the material “lock-out”

3 Whilst maintaining the stretch secure the band with the fastening tab to apply the correct level of compression.

For specific instructions for your garments please see pages 8-11

APPLYING **easywrap** HAND



1 Insert your thumb into the thumb hole, ensuring that the widest of the two straps is closest to your wrist.



2 Gently pull the widest strap until you feel the material 'lock out'.

If wearing a compression glove, apply this first.

APPLYING **easywrap** HAND



3 Whilst maintaining the stretch, fasten this strap over the back of your hand.



4 Finally, gently pull the remaining strap until you feel the material 'lock out', and then fasten over the back of your hand.

APPLYING **easywrap** ARM



1 Slide your arm into the garment until the top of the sleeve comes up to just below your armpit and the seam is in line with your thumb.



2 With your arm slightly bent, gently pull the tab nearest your wrist until you feel the material 'lock out'.

TIP: The end with the label is the top end of the garment

APPLYING *easywrap* ARM



3 Whilst maintaining the stretch, fasten the tab ensuring that it is secured parallel to the end of the sleeve and not at an angle.



4 Repeat steps 2,3 for the remaining tabs, ensuring that the bands are applied parallel, flat and with no wrinkles.

REMOVING YOUR **easywrap**

When removing the **easywrap** start with the band closest to your body and work down away from your body.

Carefully roll each fastening tab back onto the outside of the band.

Storing and washing the garment with the fastening tabs closed will help prevent the fastenings from damaging the garment or other items of clothing.

WEAR AND TEAR

The outside of **easywrap** products are specially engineered to adhere to hook and loop fastening tabs. They are designed and tested to perform throughout their lifespan. Your garment may take on a pilled appearance, this is part of the normal wear and tear of the garment.

The fastening tabs may curl after washing. If this occurs then gently roll the tabs back in the opposite direction.

INDICATIONS

Primary Indications

easywrap Light for mild to severe and stubborn lymphoedema or oedema; palliative care; rebound oedema; primary lymphoedema of long duration

Secondary Indications

easywrap Light for control of mild to severe swelling disorders

ABSOLUTE CONTRAINDICATIONS

Not to be used in cases of: advanced peripheral arterial occlusive disease; decompensated heart disease; uncontrolled congestive heart failure; untreated septic phlebitis; phlegmasia coerulea dolens.
Known allergy to any of the material used in the garments.

RELATIVE CONTRAINDICATIONS

Occasionally can lead to problems in cases of: Immobility (confinement to bed); skin infections; support dermatoses; weeping dermatoses; incompatibility to fabric; impaired sensitivity of the limb (e.g. in diabetes mellitus); suppurating dermatoses; primarily chronic polyarthritis; advanced peripheral neuropathy; primary chronic arthritis. Allergic or allergic type responses to fabric.

STORAGE, GUARANTEE & DISPOSAL

For garments in normal use the period of guarantee is 6 months. The guarantee does not cover wear and tear, misuse or improper care. **easywrap** products should not be used beyond the expiration date printed on the outside of the package. Store your compression garment at room temperature and protect it from direct exposure to sunlight, heat and moisture. When not in use **easywrap** should be stored with the fasteners closed. At the end of their life garments can be disposed of as household waste.

CARE INSTRUCTIONS



If your **easywrap** is in direct contact with the skin it should ideally be washed regularly. If not in direct contact with the skin, **easywrap** should be washed when required. Patients whose **easywrap** products require more frequent washing should consider having one to wear and one to wash, doing this will improve the overall lifespan of both garments.

easywrap should be cared for in a similar manner to delicate clothing. We recommend washing your **easywrap** in a laundry net. Close the fasteners prior to washing.

To wash **easywrap** use a normal mild detergent. DO NOT USE LAUNDRY ADDITIVES such as fabric softener, optical brightener or stain remover. Rinse the garment well. Then dry between two towels, without wringing. Press out any excess moisture. Dry flat or hang up to dry. DO NOT DRY ON A RADIATOR OR IN DIRECT SUNLIGHT. DO NOT DRY THE GARMENT IN A DRYER. Caution: Sharp fingernails, rings and bracelets can damage the garment.

